



==== Celebrate ====

# Seniors' Week

## in Morinville

June 3 to 7, 2024

Join us for a week of exciting events to celebrate the amazing seniors in our community:

**Monday, June 3 | 1 to 4 p.m.**

**Style Swap Spectacle:  
A Trendy Twist on Thrifted Fashion**  
Morinville Community Cultural Centre

A unique clothes swapping event, featuring a fashion show facilitated by students at MCHS with items from Fusion Thrift Shoppe and Midstream Thrift Store. Please drop off adult only clothing (clean/ folded) between 9 a.m. and 12 p.m. on the day of the event.  
*Free to attend, registration preferred, drop-ins welcome.*

**Tuesday, June 4 | 9 a.m. to 12 p.m.**

**Rendez-Vous & FCSS Harmony:  
Celebrating Older Adults & Seniors Together**  
Morinville Rendez-Vous Centre

This event is an excellent opportunity to meet new friends, learn about the exciting available programs, and engage with other 50+ adults in the community. Complimentary refreshments will be provided.  
*Free to attend, drop-in.*

**Wednesday, June 5 | 1 to 3 p.m.**

**Seniors Wellness Workshop,  
partnered with Sturgeon County**  
Morinville Leisure Centre

Enhance your balance, thrive in daily activities, and boost wellness with holistic approaches. Invest in your well-being and embrace a vibrant, active lifestyle with renewed energy and vitality.  
*Free to attend, registration is required.*

**Thursday, June 6  
Meal 5:30 p.m. | Show 6:30 p.m.**

**Laugh Lines:  
Evening Comedy Delight**

Morinville Community Cultural Centre

Enjoy a delightful evening with "GeriActors & Friends", an intergenerational theatre group, presenting original plays on aging stories. Refreshments will be provided.  
*\$8 per person, registration is required.*

**Friday, June 7 | 5 p.m.**

**Senior Soul Soirée:  
Building Healthy Connections**

Bistro Di Madre Piccola, 10015 100 Avenue

Tailored for single seniors, attendees will have the opportunity to connect and socialize with other singles. The event includes a delicious three-course fine dining meal. Each attendee will receive a "Date Essentials Kit" (valued at over \$20).  
*\$20 per person, registration is required.*

Proud  
Supporting  
Partner



For event details and to register, please call  
780-939-7839 or visit [calendar.morinville.ca](http://calendar.morinville.ca)